

TEAM BUILDING QUESTIONS

2-Minute Discussion Prompts



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Use the following questions to build camaraderie and foster friendships among the staff on your team!

- Cat or dog?
- Tea or coffee?
- Read or listen to a book?
- Did you grow up in a city or rural area?
- What's one thing most people don't know about you?
- What's something you are afraid of?
- What's your superpower?
- What are your most influential personal experiences?
- What's most important to you?
- What are some of your values and beliefs?
- Who is your hero?
- If money weren't an issue, what would you do all day?
- What's the best gift you've ever been given?
- What's your favorite childhood memory?
- Are you an introvert or an extrovert?
- What was your first job?
- What is your favorite holiday?
- What's your proudest accomplishment?
- Is your glass half-empty or half-full?
- What's your most prized possession? Why?

